

Exceptional Family Member (EFMP) Identification List
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EFMP is a mandatory enrollment program per AR 608-75 that works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical and personnel services to families with special needs. EFMP benefits the family by considering medical and special education needs in the military personnel assignment process. An exceptional family member is the legal dependent of an **active duty** service member (adult or child) with any physical, emotional, developmental or intellectual disorder that requires special treatment, therapy, education, training or counseling.

Enrollment in the EFMP is MANDATORY if any of the following criteria are met. Commanders are required to enforce AR 608-75 and take appropriate action against the soldiers who knowingly provide false information (art 107, UCMJ) or fail/refuse to enroll an eligible family member in EFMP (art 107, UCMJ). Adverse actions taken against the soldiers will begin with a general letter of reprimand at the minimum and can be increased at the discretion of the commanding officer.

In general, an active duty family member qualifies for EFMP if they:

- Have a potentially life threatening condition and/or chronic mental/physical/educational concern.
- Have a medical condition that requires out-patient support beyond general family practice.
- Have a mental health condition for greater than 6 months duration that has required inpatient or outpatient follow up within the past 5 years. This includes psychotropic medication dispensed by a general practitioner in the past 5 years as well as psychotherapy.
- Have a developmental delay or developmental disability that requires early intervention (i.e. Have an IFSP, Individual Family service Plan) or Special Educational Services (i.e. Have an IEP, Individualized Educational Plan) or 504 plan through school.

Common Diagnosis for Enrollment:

- ADHD/ADD: Only those patients on more than one medicine, or takes more than the standard dosage, has a co-existing health condition, requires counseling from a mental health practitioner or requires care from a psychiatrist.
- Allergies: Only if patient requires allergy shots or follow up with Allergist more than once a year.
- Asthma/RAD: Only if daily inhaled steroids are required, if patient requires frequent flares resulting in frequent Urgent Care or ER visits, or has been hospitalized for asthma in the past 5 years.
- Autism/Pervasive Developmental Disorders: All require medical enrollment and may also need educational enrollment as well.
- Autoimmune/Neuromuscular Disorders: These include Muscular Dystrophy, Lupus, Multiple Sclerosis, and Rheumatoid Arthritis.
- Cancer: Unless patient has completed treatment, has been in remission for 5 years and no longer requires services.
- Cervical Dysplasia/abnormal pap: If patient requires pap smears more frequently than 2 times per year or requires colposcopy
- Cerebral Palsy/Loss of Mobility: Any time a wheelchair or ambulation device is needed or requires PT or OT.
- Cleft lip/Palate: Unless full repair is completed and patient no longer requires any services.
- Developmental Delays: Including those receiving early intervention services, Speech, OT and PT.
- Diabetes: All insulin dependents and all Non-insulin dependents requiring specialist follow up.
- Requiring Medical Equipment: G-tube, oxygen, pacemaker, v-p shunt, tracheotomy, wheelchair, hearing aid, insulin pump. Need brand names and model numbers on hearing aids, insulin pumps and pacemakers.
- Genetic Diseases: Cystic Fibrosis, Trisomy 21, Hydrocephalus, Spina Bifida, Sickle Cell Disease etc....
- Hearing Impairment/Deafness: Requiring hearing aids or specialty care.
- Heart Conditions: Congenital and acquired heart disease requiring more frequent cardiology than once a year.
- Inflammatory Bowel Disease: Crohn's or Ulcerative Colitis.
- Immunodeficiency: Primary and secondary; including HIV/AIDS.
- Mental Health Conditions: ALL mental health conditions with duration of medication or therapy greater than 6 months within the last 5 YEARS regardless of who prescribed the medicine. This includes all anxiety, depression, ODD, OCD, ADHD, PTSD and Schizophrenia.
- Premature or High Risk Infants: Anyone who requires a Pediatrician or higher level of care more than once a year.
- Seizure Disorder/Epilepsy
- Substance Abuse
- Thyroid Problems: Graves, Hashimoto's, requiring more than yearly Endocrine care.
- Vision Problems/Blindness: Sight problems that require more than annual ophthalmology care.
- Children receiving Special Education/Early Intervention: Services requiring IFSP/IEP/504 plan. DA FORM 2792-1 must be completed and copy of school documentation must be submitted.
- Any other condition that requires specialty care more than once a year.

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